



Sedation Information

Some patients find it very difficult to visit the dental office due to extreme anxiety. Others have certain medical conditions which necessitate that they not be placed in a stressful situation. For both groups of patients, sedation can be very helpful.

How is it done?

Before any dental treatment is started, you will be seated, we will take some preliminary blood pressure and pulse recordings, and a thin needle will be placed in a vein in your hand or arm. The needle is attached to an intravenous tube through which sedative medication will be given to help you relax. In the case of oral sedation, you will drink a measured amount of sedative medication. You will remain awake, but will be much more comfortable in either case.

Before you come in:

- Please wear comfortable, loose-fitting clothing with short sleeves.
- Bring an additional shirt and pants to change into, should it be necessary.
- **Do not eat or drink (including candy, gum, mints)** after 10pm the night before the procedure without approval from the doctor.
- Children **MUST** come to the appointment with a PARENT/GUARDIAN who can verify that the child was monitored and is certain that they did not eat or drink anything prior to the appointment.
- **Please do take any medications** you are on as you normally would **only with a small sip of water** unless instructed not to by the doctor. **GLP-1 medications must be stopped 1 week prior. Discuss with your physician.**
- Since you will be drowsy after the procedure, arrange to have someone else drive you home. This person must be present in the office for the duration of the appointment.
- Do not wear fingernail polish, as it will interfere with the pulse-oximeter, which shines a light through your fingernail bed to calculate your blood oxygen content.
- Anyone with asthma needs to bring inhaler and/or nebulizer to the appointment
- It is important to be on time for your appointment but please be prepared for the possibility of an **extended period of waiting. You may be in the office for 2 or more hours depending on the procedures.**
- Please only bring 1 or 2 adults with you to this appointment, who will remain with you. You **MUST** make child care arrangements for other small children on this day.

After the procedure:

- Do not drink any alcoholic beverages after the treatment.
- Do not drive or operate any machinery or tools for 24 hours.
- Do not make any important legal or personal decisions until the next day.
- Do not schedule any activities for after the procedure – just rest.
- Call the office if you feel something is not right following the sedation.
- **No solid food for 2-3 hours afterwards, until the patient is wide awake.**

Special instructions: _____